TRICARE Dental Plan

"Your Passport to Quality Health"

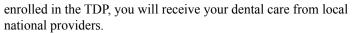
Family members of active duty military stationed overseas, as well as reservicts and their family members living overseas, may enroll in the TRICARE Dental Plan (TDP). This paid dental insurance plan, operated by United Concordia Companies, Inc. (UCCI), helps offset out-of-pocket expenses for overseas civilian dental care.

Active duty family members living in an overseas area serviced by a military Dental Treatment Facility (DTF) can expect to receive dental care required to maintain good oral health, including preventative, basic restorative and speciality care from their local military dental clinics. Those who live in remote areas or assigned to locations which are not near a military dental facility can enroll in the TDP and receive the majority of their care from local national providers.

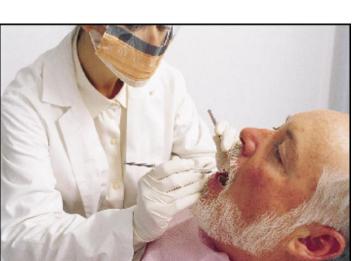
## What category are you in?

No matter where you live in the European theater, vou can use the TRI-CARE Dental Plan. What type of dental service is available to you depends on where you call home:

O Remote: Remote overseas locations are countries where the uniformed services have no military DTFs such as Sweden, Egypt, or Russia. If you live in a remote area and are



- O Non-Remote: Non-remote locations are those countries such as Germany, Italy and the United Kingdom that have fixed military DTFs. If enrolled, the dental plan will cover family members living in these countries, augmenting dental services provided by military DTFs.
- O Non-Remote Distant Sites: This category applies for family members who live over 50 miles away from a military DTF. These beneficiaries will be able to call, fax, or e-mail the nearest military DTF or the TRICARE Europe Dental Clinic Office to request a Nonavailability and Referral Form to see a civilian dental provider in their area.



## **Enrolling in the TDP**

You can enroll in the TDP at the UCCI on-line or via the mail. Sponsors must enroll for a minimum of 12 months. You may e-mail UCCI at oconus@ucci.com or visit their website at www.ucci.com. If mailing your enrollment, you will be asked to send a check or money order for the amount equal to one month's premium to UCCI after you complete the application. If enrolling online, you will need to use a credit card to pay for the initial month's premium.

Once your enrollment information has been processed, you will receive a benefit booklet and your dental ID cards. Enrollment applications must be received at UCCI by the 20th day of the month for coverage to begin on the first day of the next month. Keep in mind that if UCCI received your application after the 20th day of the month, your coverage will not become effective until

the first day of the second month. No additional applications or procedures are required for individuals already enrolled in the CONUS TDP plan who are reassigned overseas. If you are enrolled in the states, you will remain enrolled during your overseas assignment unless you disenroll through UCCI to cancel the insurance.

## **Dental Benefit Specifics**

- O Monthly premiums are \$7.90 for one family member and \$19.74 for multiple family members.
- The maximum allowable benefit for CONUS/OCONUS is \$1,200 maximum per ADFM per contract year (Feb. 1 through Jan. 31) and \$1,500 lifetime maximum per Active Duty Family Member for orthodontic care.
- As with the CONUS program, once the maximum allowable benefit has been exceeded, the member will be responsible for the entire cost of any additional services received.
- The government will cover the beneficiary's cost shares for many routine dental procedures, including diagnostic, preventive, restorative, endodontic, periodontic, and oral surgery procedures under the OCONUS TDP.
- The TDP covers orthodontic care for children to age 21 and

for students and spouses to age 23. Care initiated in the CONUS service area may be continued OCONUS (unless the lifetime maximum has already been met).

- O If overseas enrollees return to CONUS to seek dental care, CONUS dental benefit procedures and costs will be followed.
- For the purpose of claims payment, the service area is determined by the location of the provider, not your home address. If you reside in a remote overseas location but seek dental care from a host-nation dentist in a non-remote overseas area, you must have a Nonavailability Form from the nearest dental treatment facility.
- O Prior to seeing a host-nation provider, beneficiaries should verify current enrollment through UCCI.



## **Authorization and Referral Process**

- Remote Locations No referral is necessary for routine dental care; however, a Nonavailability and Referral Form from the area POC or the TRICARE Europe Office is required for orthodontic care.
- O Non-Remote Locations A Nonavailability and Referral Form is required from the DTF for <u>all</u> treatment outside the DTF.
- O Non-Remote Distant Sites A Nonavailability Form is required for <u>all</u> dental treatment received outside the DTF. Beneficiaries may phone, fax or e-mail their request to the DTF or they may contact the TRICARE Europe Dental Program.

Information on the TRICARE Dental Plan can be found on the United Concordia web site at www.ucci.com and the TRICARE Europe web site at www.europe.tricare.osd.mil

You may also contact UCCI at (717) 975-5017 (not toll-free), 1-888-418-0466 toll free by using your country's AT&T access code or e-mail them at oconus@ucci.com.

The TRICARE Europe Dental Program Coordinator can be reached at DSN 496-6358, or civilian 49-6302-67-6358, e-mail: <a href="https://doi.org/10.1001/journal.com/">TDP@europe.tricare.osd.mil</a>